



#### "Everything is energy"

Be aware of that fact and decide what will do you good.

### In accordance with our philosophy that "The good belongs among the people"

MLM Manuka offers 100% natural organic Manuka Honey (in a violet glass jar), as well as certified natural energy cosmetics.

The healing power from the pristine nature of New Zealand

#### Manuka

also called South Sea Myrtle or New Zealand Myrtle, is native to the outlying and mountainous regions of New Zealand.

The plant contains essential oils that have an anti-inflammatory and antibacterial effect.

Thus, it has always been used by the indigenous people, the Maoris, to treat wounds, ulcers and skin diseases.

#### Manuka-Honey,

the "Golden Nectar" from New Zealand, has legendary therapeutic qualities scientific research has shown that Manuka honey can be used to strengthen the immune system, heal wounds and treat resistant ulcers.



#### Manuka-oil

is known for its antibacterial, anti-inflammatory, antifungal, deodorant, expectorant, immunostrengthening, insecticidal properties. In the medical database "Public Medicine" there are over 30 studies on this plant species, most of which focus on the immunostimulatory and antibacterial properties of honey and its effectiveness.



## A natural product with extraordinary healing power from the wild nature of New Zealand 100 % pure natural

Manuka honey is made from the nectar of the flowers of the Manuka bush (Leptospermum scoparium), which is native to New Zealand. It is the nectar and the bees that give this honey its unique properties. Unique in aroma as well as taste and at the same time healing, Manuka honey has an anti-inflammatory effect and is thus a broad-spectrum antimicrobial probiotic.

The antibacterial effect of Manuka honey is due to hydrogen peroxide and methylglyoxal (MGO). The scientific proof of the healing effect of Manuka honey was provided by Professor Henle of the Technical University of Dresden.





## M/M Organic Manuka Honey

#### **International Gold awarded Manuka Honey**



Organic Manuka Honey was awarded Gold in the quality category at the London International Honey Awards in 2022 and 2024 .







#### From the beehive directly into Miron violet glass

Brought directly from the beehives into pre-warmed rooms, the honey is cold-extracted, stirred, and immediately filled into Miron jars. The honey is **never heated**.

To ensure the honey is not exposed to significant temperature fluctuations during transport, it is flown express from New Zealand.



Manuka Honey is available in different MGO grades/strengths up to the strongest organic honey available on the market.



The high-quality Miron violet glass protects against harmful light and preserves the original freshness and quality of the product for a longer time.



#### with 20% Organic Manuka Honey

This throat spray combines the anti-inflammatory and healing power of Manuka Honey and rockrose.

The throat spray has been further perfected with organic propolis and natural vitamin C from fermented citrus fruits

Ingredients	per 1ml	% NRV*
55% rockrose herb extract*	500mg	**
20% Manuka Honey*	200 mg	**
Thyme leaf extract*	50 mg	**
Peppermint extract*	50 mg	**
Maca root extract*	50 mg	**
Coconut blossom sugar*,	40 mg	**
camomile blossom extract*	30 mg	**
rosehip blossom extract*	30 mg	**
Vitamin C (GMO-free / 100% from fermentation of GMO-free citrus fruits)	12 mg	15
Propolis*	3 mg	**

- \* Percentage of nutrient reference values according to Regulation (EU) No. 1169/2011
- \*\* No nutrient reference values available.



In addition to Manuka Honey - a natural antimicrobial broad-spectrum probiotic with extraordinary healing powers, effective against a wide range of germs - Rockrose is used for it's anti-inflammatory, antibacterial properties.

According to medical tests and the opinion of experts, rockrose inhibits the growth of viruses and bacteria in the body and thus has an immune-boosting effect.

The polyphenols and flavinoids contained are responsible for this. In addition, flavinoids belong to the group of so-called "antioxidants".

They are therefore able to fight free radicals in the organism.



#### Recommended use:

Spray 2 x 4 sprays (equivalent to 1ml) a day into the throat or as needed. Shake before use

Filling quantity: 30 ml in a high-quality Miron violet glass with spray head. Alcohol content: 30,4 vol.%

#### **Ingredients:**

55% rockrose herb\*, 20% manuka honey\*, thyme\*, peppermint\*, maca\*, coconut blossom sugar\*, camomile\*, rosehip\*, 1.2 % vitamin C (GMO-free / 100% from fermentation of GMO-free citrus fruits), propolis\*
\*Certified organically grown

# Immune-boosting organic essential oils

The leaves of the Manuka tree and the Kanuka tree as well as their bark have been used by the indigenous people of New Zealand, the Maoris, since ancient times for external application to disinfect the skin or to promote wound healing.

#### Manuka-oil is the strongest antibacterial essential oil

**Manuka-oil** is useful and recommended for its pain-relieving, antibacterial, anti-fungal, anti-inflammatory, expectorant and immune-boosting properties.

It helps with all respiratory conditions, including coughs, colds and the treatment of colds and flu.





## M/M Organic Essential Manuka Oil

#### in Miron jar with Push button Pipette 15 ml

**Body level:** Manuka oil is very well tolerated on the skin and mucous membranes. It has a stabilising and regenerating effect and supports the healing of bacterial infections and fungal diseases.

**Psychological - spiritual level:** Manuka oil strengthens people with a very sensitive vegetative nervous system.

Due to this stabilisation it is suitable for the treatment of all psychosomatic symptoms that can be traced back to stress and inner instability.

Overall, Manuka oil offers protection in the case of hectic and excessive demands.

Manuka oil is a wonderful helper for all inflammatory skin problems. However, it not only makes sensitive skin and mucous membranes more robust, but also helps to increase the body's own defences.

#### **Application:**

- in the fragrance lamp
- Foot bath: 1 drop each of manuka, kanuka and niaouli in 1 tablespoon of sea salt or olive oil in a foot bath at 37°.
- Inhalation: head steam bath for colds and sniffles: 1 drop each of manuka and tea tree in 2 litres of hot water inhale the steam calmly and deeply





#### in Miron jar with push button pipette 15 ml

Kanuka trees grow in New Zealand, can reach a height of 15 to 30 metres, have long soft leaves and bear countless small white flowers in summer.

The oil is extracted from the branches and leaves of the Kanuka tree.

**Body level:** Kanuka oil is germicidal, anti-inflammatory, anti-rheumatic, analgesic and anti-allergic. It is also good for colds and immune deficiency.

**Mental** - **spiritual level:** Kanuka oil gives strength and energy, promotes self-confidence and assertiveness, clears the mind and lightens the mood.

#### **Application:**

- Fragrance lamp: for colds and coughs (4 drops of Kanuka, 2 drops of Manuka and 2 drops of lemon).
- Inhalation: with Kanuka oil only, even more effective in combination with Manuka oil
- Footbath: 1 drop each of Manuka, Kanuka and Niaouli on 1 tablespoon of sea salt or olive oil in a footbath at 37°.
- Head steam bath: 2 drops of Kanuka oil, 1 drop of Manuka drops on litres of hot water, inhale the steam calmly and deeply.









## M/M Organic Rescue-oil Roll on

with semi-precious stones and corresponding ball head Amethyst oder Aventurin

#### **Ingredients:**

Organic Apricot Kernel Oil
Organic Bach Flowers<sup>™</sup>
FES Quintessentials<sup>™</sup>
Organic Kanuka Oil
Organic Manuka Oil
Organic Lanvandula Vera Oil
Organic Geranium Oil
Rose Damascena Oil
Immortelle Oil
Jasmine Oil
Neroli Oil

Amethyst is said to have a calming effect and improve concentration.

Aventurine is known for its beneficial effects on the skin.









with their associated energies enhance the effects of the selected essential oils, organic Bach flowers and FES essences. They help to relieve stress and soothe irritated skin. It is also worth mentioning that this oil helps to soothe insect bites.

#### **Application:**

For skin irritation and itching after insect bites, apply to the affected areas.

For stress and tension, apply to the forehead and temples and massage lightly onto the eyelids, under the nose and around the ears. Massage in gently.

100% natural in a 10ml roll-on glass bottle

Thanks to its small, handy shape, MLM Bio Rescue Oil can be a valuable companion.





# 100% natural Energy natural cosmetics of a special kind





## M/M BodyAura® Rich Creams

This special composition of selected essential organic oils and the synergies of the individual flower essences by Dr. Bach in organic quality and FES Quintessentials<sup>™</sup> make these energetically high-quality, rich creams a unique feel-good experience.

The refreshing effect is immediately noticeable, as is the relief of existing complaints.

The Body Aura® creams rebuild your energies and protect your energy field with selected essences.

All creams contain organic Manuka honey and are built on a rich cream base of organic shea butter or organic hemp.

The origin of these creams lies in a creation that has proven itself over 25 years of practice and experience Due to the many success stories, the formulas have been expanded over time and have now also been further enriched, especially by the organic Manuka honey - according to our philosophy of life:

#### "The Good Belongs Among the People!"

The skin is our largest excretory and respiratory organ - be aware of this and, please, ensure that you feel good by supporting your skin with appropriate energies and active ingredients.



# Body Aura® Skin Repair

### Special Formula

#### **Ingredients:**

Organic Shea Butter, Organic Manuka Honey (MGO 514+), Organic Bach Flower, FES Quint-

essentials™, Organic Lavandula Vera Oil, Organic Manuka Oil, Organic Borage Oil, Organic clary sage Oil, Organic tea tree oil, Organic Frankincense Oil

**Recommended:** protective and nurturing for irritated skin.

In addition, this Special Formula also offers positive support internally, as the special ingredients that are released when the facial skin is being warmed improve the quality of the air to be inhaled and make breathing easier, especially when wearing the mask.

The active ingredients and aromas are breathed in directly and improve the well-being. The organic manuka oil contained in this special formula alone has remarkable antimicrobial, antiviral and disinfectant properties and effects. Also, as far as Lavandula vera is concerned, it has been scientifically studied and proven to have anti spasmodic effects - in asthma and bronchitis, it calms and helps to relieve tension and stress.

**Application:** Apply several times a day and massage in gently. Also between the nose and upper lip for easier breathing 100 % natural in a 15ml airless dispenser.



# Body Aura® Rich Cream Stress Repair



#### **Ingredients:**

Organic Shea Butter,
Organic Manuka Honey (MGO 514+)
Organic Bach Flower Remedies,
FES Quintessentials™,Organic Petitgrain Bigarde Oil,
Organic Frankincense Oil, Organic Muscatel Sage Oil,
Jasmine Oil, Mimosa oil, Rose Damascena Oil

In times of mental and emotional tension - in stressful situations, Body Aura® Rich Cream Stress Repair balances the body's energies, brings them back into harmony and creates balance and harmony, so that you can regain your mental freshness and new holistic strength Freshness and new holistic strength.



Apply gently as needed or several times a day and massage onto: Forehead and temple area, ears, neck, throat, chest area, solar plexus, abdomen as well as kidneys.

100% natural in a 50 ml airless dispenser.



## Body Aura® Rich Cream Vitality



## Builds and strengthens the immune system

#### **Ingredients:**

Organic hemp, Organic Manuka Honey (MGO 514+), Organic Bach Flowers, FES Quintessentials™, Organic Manuka Oil, Organic Kanuka Oil, Organic Tea Tree Oil, Organic Frankincense Oil, Organic Niaouli Oil, Vetiver Oil, Organic palmarosa oil, Organic Ravintsara Oil



Vitality - made from 100% natural immune-boosting and skin-caring substances.

Antibacterial, antiviral, body immune regenerating, restorative and strengthening

#### **Application:**

Apply gently to: Soles of feet, instep, arms, abdomen, kidneys, chest - and shoulder area.

100% natural in a 50 ml airless dispenser.

### Body Aura® Rich-Cream Relax

#### for muscles, tendons and joints



#### **Ingredients:**

Organic hemp,
Organic Manuka Honey
(MGO 514+),
Organic Bach Flowers,
FES Quintessentials™,
Organic St. John's Wort Red
Oil, Organic Borage Oil,
Organic Clary Sage Oil,
Organic lavender oil,
Organic Frankincense Oil



**Recommended:** for lower back pain, neck pain, shoulder pain, joint pain, joint inflammation, tendon sheath inflammation, muscle cramps, for sports and work overstrain.

**Application**: Apply several times a day to the affected areas and massage in gently.





100% natural

Particularly valuable soap on the basis of cold pressed coconut oil with

Manuka Honey, Manuka Oil, Kanuka Oil and Neroli

Contains **Manuka and Kanuka oils** which are disinfectant, antiviral and antibacterial, **Neroli oil** is known for its rejuvenating and nourishing effects on dry, mature and sensitive skin and has the property of stimulating skin cells.

Neroli is also known as a shock oil and has a cleansing and relaxing effect on all levels, physical, emotional and mental.

also available with

Manuka Honey, Royal Jelly and Propolis

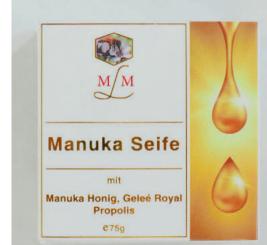
For the highest demands in skin and hair care.

Rich, fine lather also ideal for shaving.

Directions for use:

Apply gently to wet skin (hair), lather and rinse thoroughly with clear water.

As a solid shampoo/shower gel it is equivalent to 400ml of liquid shampoo







#### **Ingredients:**

Beeswax. Lanolin, Jojoba oil Organic Manuka Honey (MGO 514+).Geleé Royal Organic Bach Flowers™, FES Quintessentials™, Organic Manuka Oil Organic Borage Oil Jasmine Oil



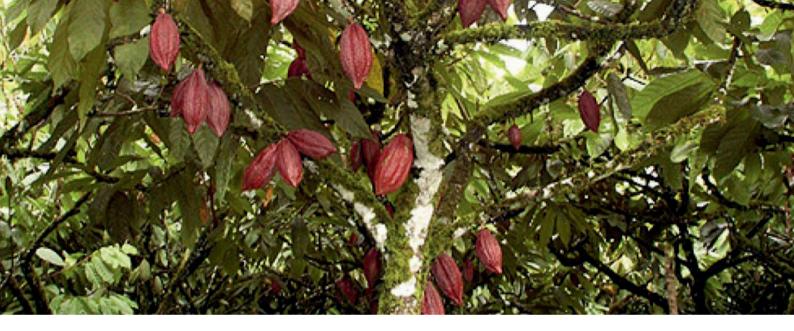
Lip Balm nourishes the delicate skin of the lips and provides long lasting protection against dryness.

Precious ingredients including Manuka Honey Royal Jelly, selected Dr Bach Flower Essences, California Flower Essences and essential oils moisturise and soften chapped lips.

#### **Application:**

The Lip Balm is very rich, so apply a little with a clean finger onto the lips.

100 % natural in a 5ml airless dispenser



#### The divine bean

As far back as 3,000 years ago, the people of Mexico enjoyed chocolate as a delicious drink. In particular, the large red cacao beans were so valuable that they were used as currency.



# M/M Organic Manuka Chocolates

An exquisite combination of the finest organic chocolate and Gold Award winning organic Manuka Honey.



A taste of life's sweetness in a special way

These chocolates are 100% natural and made only from
Organic cocoa beans,
Organic milk and
Organic Manuka Honey (MGO 514+)
Organic Manuka Honey (MGO 721+)

The white and milk chocolate pralines contain Organic Manuka Honey (MGO 514+) which won a Gold Award in London, while the dark chocolate pralines are filled with the strongest Organic Manuka Honey (MGO 721+) with its fine, exquisite flavour.

### Miron-Violettglas

This glass offers the optimal possibility to preserve the original freshness and quality of the food over a longer period of time. The violet glass shields the harmful rays of light.

However, it is partially transparent to specific wavelengths of light, such as violet, UVA and infrared. This causes organic molecules to become charged.





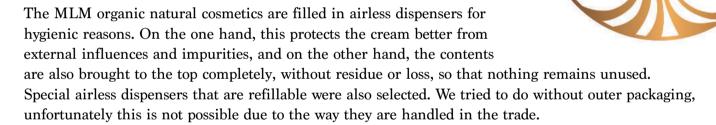
To illustrate this vividly, the figure shows cut chives that have been kept in violet glass, amber glass and white glass for 3 weeks. It can be seen that the Miron glass increases the bioenergy of the products.

Thus, even in the flourishing times of ancient Egypt, valuable essences and healing natural products were stored in gold or violet glass.

### Sustainability & environmental protection

Honey, throat sprays and the essential oils are filled in Miron jars the optimal way to preserve the original freshness and quality of the food for a longer period of time.

Care has been taken to ensure that the labels are easily removable so that the jars can be reused.



All products in our line are 100% natural and certified organic - Some of our partners are IFOAM certified. We support this partner programme because it is also important to us to stand up for sustainability and environmental protection.

#### **Charity**

We donate € 1,- per product sold to a charitable organisation.

In this way, we support the organisation "Vior Pfoton" (Four Pays), as animal walfare is

In this way, we support the organisation "Vier Pfoten" (Four Paws), as animal welfare is very close to our hearts.





With the best wishes for good health and wellbeing and warm regards!

Mag. Siegfried Meixner | mlm-manuka.eu